

Skilled Nursing Facilities

San Luis Obispo and Santa Barbara Counties

Selecting a nursing home is an important decision that merits careful consideration and study. Often, time is limited, so it is important to identify resources to assist you in your decision-making.

When should you choose Skilled Nursing?

Skilled nursing is only one of a range of services that may meet the needs of chronically ill or disabled persons. When an individual needs 24-hour nursing care and supervision, a skilled nursing facility may be the best option. Although they become a permanent home for many, they are often a temporary or short-term option for some. When a less intensive and less restrictive form of care is called for, a mix of services may be most appropriate. Options include Home Health Care and other in-home services, Residential Care Homes, and Hospice Care.

What is a Skilled Nursing Facility?

A skilled nursing facility is a residence that provides room, meals, recreational activities, help with daily living, and protective supervision to residents. Services include: medical, dietary, pharmacy and social services, plus rehabilitation, occupational and physical therapy and speech language pathology. Generally, residents of nursing facilities have physical or mental impairments, which keep them from living independently. Skilled nursing facilities are certified to provide different levels of care, from custodial to skilled nursing (services that can only be administered by a trained professional).

What services are provided?

Nursing facilities provide services which include: rehabilitation for strengthening balance, coordination, gait, positioning; cognitive skills; physical, occupational and speech therapy. Additional services may include: audiology, respiratory, enteral, intravenous and decubitus therapies; Alzheimer's/ dementia care; respite care. Skilled nursing facilities have single bedrooms and shared rooms with two to four residents.

Admission Contracts

California law mandates that every facility use a standard admission agreement that complies with all state and federal laws, and it is mandatory that each agreement include a comprehensive *Patient's Bill of Rights*. In addition, complete blank copies must be made available to the public. Every contract must clearly state what services and supplies are covered by the facility's basic daily rate. Optional services and charges must be listed as well as a statement that a resident will receive an

itemized monthly statement. There are numerous Medicare and Medi-Cal regulations that facilities must follow, for more information contact the Long Term Ombudsman's office or Senior Connection.

General Policies & Procedures

Each facility has its own policies and procedures. Ask for a copy. Some specific policies to consider: use of personal possessions, special diets, room assignments and charges, reserving a bed if a resident is transferred to hospital, visiting hours, self-care, phone calls and access to personal funds.

How do you pay for Skilled Nursing?

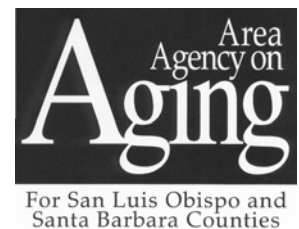
Skilled nursing facilities accept payment from many sources. Many people begin by paying for nursing care through their personal resources. Some have long term insurance, and under certain limited circumstances, others can receive Medicare assistance. For most people, it is necessary to find payment through public sources like Medi-Cal.

How can you check on quality?

Skilled nursing facilities can elect to accept Medicare and Medi-Cal payment. All nursing facilities that are certified to participate in Medicare or Medi-Cal are visited by a team of trained state surveyors at least once a year. These surveyors examine the facility in regard to many areas – including quality of life and quality of care measures. Skilled nursing facilities are required to post their most recent reports in a conspicuous location in the facility. Results are also available online at www.medicare.gov

Reports are also available from the Long Term Care Ombudsman Program at (805) 922-1236 for Santa Barbara Co and (805) 785-0132 for SLO Co. Prior to making a final decision, it is suggested you contact them. A *Guide to Choosing a Nursing Home* can be ordered by calling 1-800-MEDICARE or by contacting your nearest HICAP office at 1-800-434-0222.

Senior Connection
1-800-510-2020



Senior Connection is a program of the Central Coast Commission for Senior Citizens and is funded by the Older Americans Act.

Key

Facility Info

Capacity- Number of beds that the facility is licensed to carry

Info Updated- Date information was last updated by the facility

Payment Info

Accepts Medicare- is certified to accept payment from Medicare

Accepts MediCal- is certified to accept payment from Medicare

Daily Cost- Cost range for private pay on a per day basis

Monthly Cost- Cost range for private pay on a per day basis

Notes- Additional information provided by the faculty regarding services available.

Services Provided

Alzheimer's Care- Can provide care for person's with a primary diagnosis of Alzheimer's or dementia

Audiology- Hearing tests, therapies, and hearing aids

Custodial Care- Assistance with activities of daily living (bathing, eating, dressing ,etc.)

Intravenous Therapy- Available on site (i.e. IV medication, hydration or nutrition)

Respiratory Therapy- Can provide respiratory therapy on site

Respite Care- Can provide temporary care to relieve primary care givers

LOMPOC		
LOMPOC SKILLED & REHAB CENTER 1428 W. NORTH AVENUE LOMPOC CA 93436 phone: 805 735-4010 fax: 805 736-4296 email: admissions@lompocsrc.com Capacity 150 Info Updated: 4/15/2015	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care Notes:	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$235-250 Monthly Cost \$7200
LVMC COMPREHENSIVE CARE CENTER 216 NORTH THIRD ST LOMPOC CA 93436-6104 phone: 805 736-3466 fax: 805 735-5955 email: murrayr@lompocvmc.com Capacity 110 Info Updated: 4/15/2015	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care Notes:	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$355.00 Monthly Cost
SANTA BARBARA		
ALTO LUCERO NURSING CENTER 3880 VIA LUCERO SANTA BARBARA CA 93110 phone: 805 687-6651 fax: 805-687-0405 email: altcadmin@compass-health.com Capacity 156 Info Updated: 4/15/2015	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care Notes:	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$210 Monthly Cost \$6300
BUENA VISTA CARE CENTER 160 S. PATTERSON AVE SANTA BARBARA CA 93111-2006 phone: 805 964-4871 fax: 805 683-3938 email: Capacity 150 Info Updated: 4/15/2015	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care Notes: Languages spoken: English and Spanish. Take Parkinson's patients. Hair dresser, social dining, dietition also available.	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$251-\$361 Monthly Cost \$7K-\$10K
CASA DORINDA 300 HOT SPRINGS ROAD SANTA BARBARA CA 93108 phone: 805 969-8011 fax: 805 969-8686 email: kmunoe@casadorinda.org Capacity 52 Info Updated: 4/15/2015	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care Notes: *Patients cannot be accepted to skilled nursing unless a current resident of Casa Dorinda.	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input type="checkbox"/> Medi-Cal Daily Cost * Monthly Cost *

SANTA BARBARA

MISSION TERRACE CONVALESCENT HOSPITAL 623 WEST JUNIPERO STREET SANTA BARBARA CA 93105 phone: <u>805 682-7443</u> fax: <u>805 682-5311</u> email: <u>mtc@mtc.sbcoxmail.com</u> Capacity <u>138</u> Info Updated: <u>4/15/2015</u>	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost _____ Monthly Cost _____
	Notes:	

SAMARKAND SKILLED NURSING FACILITY 2566 TREASURE DRIVE SANTA BARBARA CA 93105 phone: <u>805 687-0701</u> fax: <u>805 687-3386</u> email: _____ Capacity <u>63</u> Info Updated: <u>4/15/2015</u>	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost _____ Monthly Cost _____
	Notes:	

THE CALIFORNIAN OF SANTA BARBARA 2225 DE LA VINA STREET SANTA BARBARA CA 93105 phone: <u>805 682-1355</u> fax: _____ email: <u>fehara@santabarbaraconvelesant.com</u> Capacity <u>68</u> Info Updated: <u>4/15/2015</u>	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>\$278</u> Monthly Cost <u>\$8000</u>
	Notes:	

VALLE VERDE HEALTH FACILITY 900 CALLE DE LOS AMIGOS SANTA BARBARA CA 93105 phone: <u>805 883-4000</u> fax: <u>805 687-5872</u> email: _____ Capacity <u>70</u> Info Updated: <u>4/15/2015</u>	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>call for rates</u> Monthly Cost <u>No</u>
	Notes:	24 Hour Nursing staff, alarmed doors, beautician/barber/cable TV, control access, electronic monitory, fitness program, IV care, Incontinence care, special diet accomodation, sprinkler system,

VISTA DEL MONTE 3775 MODOC ROAD SANTA BARBARA CA 93105 phone: <u>805 687-0793</u> fax: <u>805 687-6249</u> email: _____ Capacity <u>29</u> Info Updated: <u>4/15/2015</u>	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost <u>\$363</u> Monthly Cost _____
	Notes:	Continuing care facility. Fitness and aquatic center (open to everyone over 50-not limited to residents). Entrance fee.

SANTA MARIA

SANTA MARIA

COUNTRY OAKS CARE CENTER 830 EAST CHAPEL SANTA MARIA CA 93454 phone: 805 922-6657 fax: 805 928-9283 email: ojohnhenning@netscape.net Capacity 57 Info Updated: 4/15/2015	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$210-215 Monthly Cost _____
	Notes:	

MARIAN EXTENDED CARE CENTER 1530 CYPRESS WAY SANTA MARIA CA 93454 Marianmedicalcenter.com phone: 805 925-7747 fax: 805 922-9067 email: jbrogden@chw.edu Capacity 95 Info Updated: 4/15/2015	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$2300 Monthly Cost _____
	Notes:	

SANTA MARIA CARE CENTER 820 WEST COOK STREET SANTA MARIA CA 93458 phone: 805 925-8877 fax: 805 346-1869 email: randal@santamariacarecenter.com Capacity 55 Info Updated: 4/15/2015	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$188 Monthly Cost \$5828
	Notes:	

VILLA MARIA HEALTHCARE CENTER 425 EAST BARCELLUS AVENUE SANTA MARIA CA 93454 phone: 805 922-3558 fax: 805 922-5548 email: _____ Capacity 81 Info Updated: 4/15/2015	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost _____ Monthly Cost \$8,423
	Notes:	

SOLVANG

SANTA YNEZ VALLEY RECOVERY RESIDENCE 636 ATTERDAG ROAD SOLVANG CA 93463 www.peoplewhocare.com phone: 805 688-3263 fax: 805 688-8574 email: slhome@peoplewhocare.com Capacity 50 Info Updated: 4/15/2015	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$314-355 Monthly Cost _____
	Notes:	

ARROYO GRANDE

ARROYO GRANDE

ARROYO GRANDE CARE CENTER 1212 FARROLL AVENUE ARROYO GRANDE CA 93420 www.arroyograndecare.com phone: 805 489-8137 fax: 805 481-1534 email: rosie@arroyograndecare.com Capacity 99 Info Updated: 4/15/2015	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$205-250 Monthly Cost \$6355-7750
	Notes:	

ATASCADERO

COUNTRY CARE CONVALESCENT HOSPITAL 14900 EL CAMINO REAL ATASCADERO CA 93422 www.pacificchristianhomes.org phone: 805-466-0282 fax: 805-438-4405 email: CCCH@pacificchristianhomes.org Capacity 60 Info Updated: 4/15/2015	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$235-360 Monthly Cost \$7050
	Notes:	

DANISH CARE CENTER

10805 EL CAMINO REAL ATASCADERO CA 93422 www.compashealth.com phone: 805-466-9254 fax: 805-466-6007 email: dawns@danishcarecenter.com Capacity 65 Info Updated: 4/15/2015	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$205-250 Monthly Cost \$6355-7750
	Notes: Short and Long Term Care available.	

MORRO BAY

BAYSIDE CARE CENTER 1405 TERESA DRIVE MORRO BAY CA 93442 phone: 805-772-2237 fax: email: sgrills@baysidecarecenter.com Capacity 145 Info Updated: 4/15/2015	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$205-250 Monthly Cost \$6355-7750
	Notes:	

SAN LUIS OBISPO

BELLA VISTA TRANSITION CARE 3033 AUGUSTA STREET SAN LUIS OBISPO CA 93401 cabrillocarecenter.com phone: 805-544-5100 fax: 805-858-9584 email: scclark@ensigngroup.net Capacity 162 Info Updated: 8/14/2015	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$182-\$250 Monthly Cost
	Notes:	

SAN LUIS OBISPO

MISSION VIEW HEALTH CENTER 1425 WOODSIDE DRIVE SAN LUIS OBISPO CA 93401 phone: 805 543-0210 fax: 805 545-8216 email: kthatcher@compass-health.com Capacity 162 Info Updated: 4/15/2015	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$205-250 Monthly Cost \$6355-7750
	Notes: Also accepts Veterans Benefits	

SAN LUIS TRANSITIONAL CARE 1575 BISHOP SAN LUIS OBISPO CA 93401 N/A phone: 805 545-7575 fax: 805 545-7584 email: sltadmin@compass-health.com Capacity 23 Info Updated: 4/15/2015	Other Services Provided <input type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input checked="" type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input type="checkbox"/> Medi-Cal Daily Cost \$350 Monthly Cost CALL
	Notes: Contact Teresa Berning in admissions at ext. 202	

TEMPLETON

VINEYARD HILLS HEALTH CENTER 290 HEATHER COURT TEMPLETON CA 93465 phone: 805 434-3035 fax: 805 434-3065 email: dawns@vineyadhillshealth.com Capacity 99 Info Updated: 4/15/2015	Other Services Provided <input checked="" type="checkbox"/> Alzheimer's care <input checked="" type="checkbox"/> intravenous therapy <input type="checkbox"/> audiology <input checked="" type="checkbox"/> respiratory therapy <input checked="" type="checkbox"/> custodial care <input checked="" type="checkbox"/> respite care	Payment Info accepts: <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medi-Cal Daily Cost \$205-250 Monthly Cost \$6355-7750
	Notes:	