

Safety Planning Overview

Be non-judgmental. Believe the victim. Do not criticize decisions. They need support no matter what they decide to do.

Encourage them to talk to people who can provide help and guidance. Refer them to Domestic Violence Provide and go over the local resource. Offer to go with them. If they have to go to the police, court or lawyer's office, offer to go along for moral support.

Remember that you cannot 'rescue' them.

Help them get help. Our role is to help get to the appropriate resources. This could be helping them make a phone call to Domestic Violence Solutions or the police, taking them to a safe place or completing a mini safety plan.

Leave them with resources and a way to access them if they don't want help now. It's difficult for victims to leave abusers. Help make a mini safety plan they can use to access resources quickly if needed.

Mini Safety Plan

Do you know who to call if you are in danger or want help?

Are you safe? Do you have safe place to go?

Do you have a way to access help? (phone, email, computer, tablet)



Resources:

National Domestic Violence Hotline
1-800-799-7233 www.thehotline.org

National Human Trafficking Resource Center:
1 (888) 373-7888

Domestic Violence Solutions
24hr Crisis Hotlines
Santa Barbara: (805) 964-5245
Lompoc: (805) 736-0965
Santa Maria: (805) 925-2160
Santa Ynez Valley: (805) 686-4390

Standing Together To End Sexual Assault - Santa Barbara Rape Crisis 24-Hour Hotline: 1-805-564-3696

North County Rape Crisis and Child Protection Center:
805-736-7273

Legal Aid Foundation of Santa Barbara County
Santa Barbara (South County): (805) 963-6754
Lompoc (Mid County): (805) 736-6582
Santa Maria (North County): (805) 922-9909

Court Self-Help Centers: Legal Resource Centers
Santa Barbara/Lompoc: (805) 568-3303
Santa Maria: (805) 691-2457

What to do if your client reports they're a victim of domestic violence, dating violence, sexual assault, stalking, or human trafficking? Listen without judgment but do not encourage them to tell you their whole story. Refer them to an agency, or law enforcement, and a qualified person is prepared and trained to address trauma victims. It's very important to protect the victim and their personal information. How do we do that? Be sure not to list a "Survey Location" as a "Domestic Violence Shelter" or "Safe House" in HMIS. Leave it blank if necessary. You also need to discuss with the individual if they want their data to go into HMIS, if they want it to go in redacted or not redacted. This is part of the Safety Planning we do with all survivors. To go in redacted you enter "no permission" on the ROI. Be sure to carefully review the CES Policies and Procedures before entering such data into HMIS. If an error has been made and a person needs to be redacted or removed from HMIS contact your Technical Administrator or HMIS Staff.